Dr Rastogi has 10+ years of experience in Industry and Academics. He is a trained architect and construction manager. Presently he is faculty at the School of Planning and Architecture, New Delhi. Being into academics, Abhijit is extensively involved in research and teaching.

His professional work focuses on a range of areas in the built environment which includes DPR Preparation, Project Risks and Delays, Project Scheduling, Building Rehabilitation, Fire and Life Safety, Disaster and Vulnerability Assessment, Skill Development etc. He has worked on several research projects funded by the British Council, UGC, BMTPC, NTPC and RECL.

He has been actively involved in the development of new higher educational campuses like IIMs, NITs, and Central Universities as an external member in various committees by the Ministry of Education. Recently he worked along with the Medical Council of India (MCI) to develop the Area Norms for Medical Colleges in India.

In addition, he disseminated his information through various platforms i.e., workshops, FDPs, guest lectures, participated in seminars and conferences, Published several research papers in journals and magazines, and authored books in the area of Building Life and Fire Safety, Construction Management, and Resilience of Healthcare Infrastructure.